

THE SEX SECRET FOR EASY

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LOOK GREAT, FEEL GREAT
Cardio
That
Boosts
Your Boo-

HEALTHY HACK

TRYING TO GET PREGGERS?

These three OTC fertility products claim to up your odds. True or nah?

PRE-SEED

Other lubes may kill sperm.



THE STORK OTC

This is basically an at-home version of artificial insemination. Your guy ejaculates into the “conceptacle” (a hybrid cervical cap and condom), then you insert it like a tampon. The device delivers three times more sperm than what’s transported with plain old nookie. It may be worthwhile for couples who can’t afford more invasive treatments, notes Dr. Douglas. (\$80, cvs.com)

—ABIGAIL LIBERS

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